

## **ORBERA Inclusion/Exclusion Checklist**

ORBERA is a saline filled balloon that safely takes up one-third of the stomach. This helps you feel more full with less food. There are a few inclusion criteria that patients must meet to qualify for the procedure. There are a few criteria that exclude a patient from being eligible for placement. Please see below for the most common inclusion and exclusion criteria.

### ORBERA is **for** individuals with:

Adults who have attempted more conservative weight loss approaches

BMI of 30 to 40

Those willing to commit to a 12-month nutrition and physical activity wellness plan

### ORBERA is **not for** individuals with:

Any prior GI or Bariatric surgery

Inflammatory GI disease

Hiatal hernia > 5cm

GI motility disorder

Hepatic insufficiency or cirrhosis

Barret's Esophagus

Unmanaged GERD