

Procedure Cover Page

Most Important Points

1. You cannot undergo sedation without your responsible driver physically in the building. Your driver cannot leave during your procedure. Once you arrive, your driver must stay with you. The procedure will be canceled if your driver leaves the building.
2. You cannot be transported by a cab, or commercial transportation (example: Uber or Lyft) by yourself. You can use commercial transport if you bring a responsible adult to accompany you. If you come alone, you must have *certified* medical transportation.
3. Your diet the entire day prior to your procedure is *Clear Liquids only* (no solid food). Jello is considered a clear liquid!
4. You can have clear liquids up until 4 hours prior to your arrival time. (but no solid foods)
5. You must drink the WHOLE prep. A partial prep is not adequate to clean you out properly. Just because you are not eating solids, *you are not prepped!* You must drink the WHOLE prep!
6. If you struggle with constipation, you need additional prep (more than just the usual prep). Please call and speak to the nurse to inquire about additional preparation.
7. It is easier to prep if you start at 8 am the day prior (can take it slower) but try to start no later than 4 pm (will have to drink it quicker)
8. If you do not drink the whole prep and are not fully clean, you will be rescheduled for a second colonoscopy. Why is this important? A bad prep can hide cancer or polyps. You want the best result possible!
9. If you are on a GLP-1 medicine, you must hold it for 1 week prior to the procedure or it will be cancelled. **A GLP-1 medicine is in general an injection you take for weight loss or diabetes.** If you do not know if your medicine is a GLP-1 medicine, you can call your doctor or our office and we can tell you.

Anorectal Manometry Preparation

Please read all instructions thoroughly. After reading if any questions call our office.

Purchase the following products:

Two (2) Fleet Saline Enemas at any pharmacy over the counter.



The Day of Your Procedure:

Two (2) hours prior to your appointment:

You will administer one Fleets enema. Hold the fluid in your rectum as long as you can, then expel it. You will then immediately administer the second Fleets enema in the same way as the first to thoroughly cleanse your lower colon.

Bring with you:

- Photo ID, insurance card(s) & completed paperwork forms that were sent to you.
- List of all medications, vitamins, and supplements you are taking (include dosage and last date and time each medication was taken before your arrival).

Financial:

- Be prepared to pay any out of pocket at check-in. Call your insurance company to verify your benefits and estimated responsibility.
- **Leave all valuables at home.**

You will receive appointment reminders with the date, time, and location of your procedure. Please make sure your cell phone and email address are on file with our office.

Call our office with any questions.

GastroIntestinal Specialists A.M.C
3217 Mabel Street, Shreveport, LA 71103
(318) 631-9121 | www.gis.md